

Babe Ruth Girls' Fast Pitch Softball Recreational League 12/13/16 YR OLD Rules and Guidelines

I. Fields:

1. Bases will be a distance of 60 feet.
2. Pitcher's mound will be a distance of 40 feet from home plate

II. Equipment:

1. Batter, base runners, and catchers will wear helmets with a face guard and chin strap.
2. Regulation Babe Ruth 12" optic yellow softballs will be used.
3. All offensive players must keep their helmets on while outside the dugout. Helmets must fit and be worn properly. If a player removes her helmet on the field of play during a live ball situation, after being called out, a warning will be issued to the coach and player.

III. Rules: (All Babe Ruth rules will apply with the following exceptions)

1. Games will consist of one hour and twenty minutes (1:20) time limit or seven (7) innings, which ever comes first. **Exception:** A ten (10) run rule will apply after the (3.5) inning
2. A new inning will not start after one hour and 15 minutes (1:15) has been played.
3. When a ball is overthrown to first (1st) base and goes out of the field of play the Babe Ruth rule 7.05 will be in effect.
4. **Sliding is NOT mandatory but is strongly recommended**, and encouraged, should a runner not slide and in the Umpires decision, she interfered with the defensive play or makes contact with the defensive players, she will be called out for interference.
5. Coaches are permitted one Pitcher Conference per inning; a 2nd conference in the same inning shall result in the automatic removal from the game as the pitcher. See Rule # 8.12
6. Anyone warming up a pitcher is required to wear an approved facemask.

IV. Players. Substitutes. and batting order:

1. All players must be female, and twelve (12) years old or younger. For 12u. and sixteen (16) years old or younger for 16u
2. A pitcher cannot pitch in more than four (4) innings per game or 10 in a calendar week (Mon-Sun). **League play and tournament play are different! (12U only)**
3. All teams will bat their entire lineup.
4. The coach shall start any nine (9) players on defense and substitution will apply to Babe Ruth rules.
5. No player can sit out two (2) consecutive innings on defense each game.
6. At start of game, if there only eight (8) players a coach may pickup a player in the same age division, playing her in right field and batting last in the order. If the original player arrives she must replace the pickup player immediately.
7. Exceptions can be made when a player gets sick or hurt. It must be obvious a player fits into one of these categories. This rule cannot be used to skip the player's turn at bat in order to allow a better hitter to advance, especially when a game's on the line. The coach

of the team involved must let the umpire and opposing coach know exactly why the player cannot take her turn at bat. This reason is to be noted in the scorebook, along with the inning occurred.

8. A player cannot return to the game after being removed for injury or sickness.

V. Coaches:

1. Coaches will be responsible for the conduct of themselves, their team members and fans

2. NO JEWELRY ALLOWED WITH THE EXCEPTION OF MEDICAL ALERT ID.

3. There shall be no "ARGUING" with the umpires at anytime by coaches. The penalty is automatic ejection from the playing area. Any league member in violation of this rule continuously will be brought before the board. Coaches are permitted to call time and approach the umpire in an orderly manner to ask a question or seek clarification of a rule call. If a coach is ejected, he/she will not be allowed to remain in view of the playing field.

4. Once the game is officially started, **the umpire will have full control**. No protest accepted on judgment calls. Official protests must be submitted to the league board in writing within 24 hours after completion of protested game. Official protest must be accepted by the game umpire at the time of the infraction and prior to the next pitched ball in order to be considered a legal protest.

5. Complaints about coaches by parents or about parents by coaches must be given to the board in writing. The complaint will be reviewed and the board will make every effort to resolve the conflict.

6 There will be no use of tobacco products inside the fenced area, nor will there be any alcoholic beverages permitted or allowed on park facilities or at practice sessions at any location.

7. After each game coaches and players are responsible for cleaning the dugout.

8. Make up games and postponements will be made by the board members only.

COACHES ARE NOT ALLOWED TO POSTPONE GAMES BETWEEN EACH OTHER!

9. (12U ONLY!!!!) EACH HEAD COACH WILL MAINTAIN AN OFFICIAL SCOREBOOK WHICH WILL TRACK THEIR PITCHERS INNINGS PITCHED. AFTER EACH GAME BOTH TEAM COACHES WILL VERIFY AND SIGN EACH TEAMS BOOK AND THEN CONFIRMED BY A LEAGUE BOARD MEMBER OR LEAGUE COMMISSIONER. SCOREBOOKS WILL BE MADE AVAILABLE ANYTIME FOR COACHES CHALLENGES.